

Stethoscope Craft

Materials:

Plain white paper plates

Foil

Thick yarn or string- pre-cut into 5 inch strips

Blunt scissors

Small paper cups (bathroom sized) OR cups from cut-up egg carton

Lead-in:

Have the children put their hands over their hearts and ask them what they feel. Ask them how doctors check their hearts. Show the children a real stethoscope and let a volunteer listen to your heart. (Be sure to sanitize the ear pieces before and after the child listens.)

Directions:

1. Help the children make one cut from the outside of the plate into the inner circle of the plate.
2. Help the children cut all the way around the inner circle. This should leave you with a paper ring that can be “opened.”
3. Punch a hole in the opposite side from the open cut.
4. Tie one end of the string to the hole.
5. Line the inside and outside of a cup with foil.
6. Punch a hole into the bottom of the cup.
7. Thread the other end of the string through the hole in the cup and tie a knot.
8. Hang the new “stethoscope” around the child’s neck and show him/her how to pretend to listen to his/her heart or chest.



Wrap-up:

Ask the children, now that they are doctors, what they would do for Bear if they were his doctor. Ask them how listening to Bear’s chest or heart would help.

Extension:

Offer a dress-up box that includes surgical masks, lab coats, and other doctor wear.